

Kale Salad with Cranberry Almond Vinaigrette

Combine in salad bowl: 1 bunch kale, washed and trimmed
 1 C cranberries, dried
 3 cloves garlic, chopped
 1 shallot, chopped

For dressing, in a bowl combine: ½ lemon, juice and zest
 2 tsp honey
 1/8 tsp black pepper
 1/8 tsp salt
 3 T olive oil
 2 T red wine vinegar

Pour dressing on salad and toss.

Sprinkle on top: ¼ C almonds